

The Healthy School Food Coalition is a group of committed parents, teachers, students and community members working to develop comprehensive food and nutrition policies in the Los Angeles Unified School District. We believe there is a direct correlation between what kids eat and how they perform in the classroom and are concerned about the increasing rates of childhood obesity and other health related diseases due to poor nutrition. The HSFC is working to change this by creating strong, district wide policies to:

- include parents, students and the community at large in decision making;
- serve fresh, good-tasting, nutritious and culturally appropriate foods in the cafeteria;
- make sure students of all income levels receive the same high-quality food;
- remove the stigma of eating in the cafeteria;
- serve more food grown in school gardens and on local farms;
- integrate eating and learning through nutrition education programs.

Our strength is in our organizing. Your involvement is critical. Join us in our fight to make public schools healthier places to learn. For more information and to find out how to get involved, please call Francesca de la Rosa at 323-341-5097 or email at fdlr@oxy.edu.